

HOW TO DATE MULTIPLE WOMEN



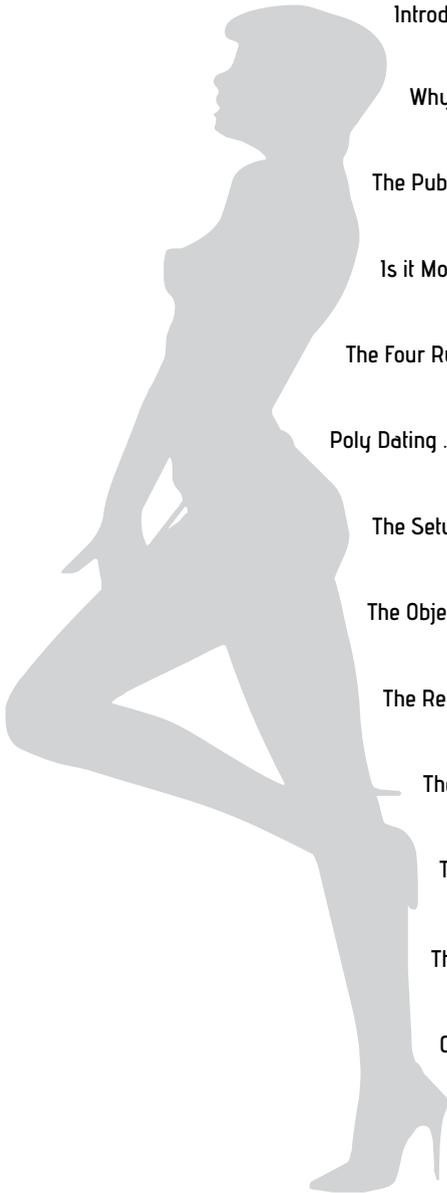
(And still find the woman of your dreams)

WARNING

**THIS MATERIAL MAY CAUSE
HARM TO YOUR BELIEFS**



→ CONTENTS



- Introduction 3
- Why Poly Dating Over Monogamy? 9
- The Public Enemies of Poly Dating 13
- Is it Monogamy or Polyamory? 17
- The Four Rules of Poly Dating 20
- Poly Dating 23
 - The Setup 24
 - The Objections 27
 - The Reinforcement 32
 - The Sex 36
 - The Search 43
 - The Waterfall 47
- Conclusion 51

→ INTRODUCTION

"A man is only as faithful as his options."
Chris Rock

In a perfect world, what would your dating life be like? Would you REALLY be dating only one girl at a time? As men, we are biologically programmed to want to be with as many healthy mating partners as possible. If you are really, truly honest with yourself...

You've probably at least considered dating multiple women at once. Maybe it was just a fantasy, or seemed like it couldn't actually work in today's society. But what if it could?

Maybe you've tried "casual dating" but that's not what I'm talking about here.

I am talking about a system that would allow you to have 100% honest, ethical and open relationships with as many girls as you want, all at the same time. I can tell you that this system, if used correctly, creates the most satisfying, invigorating and freeing lifestyle imaginable.

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There's room to have different girlfriends who have completely different personalities, ambitions, goals, expectations, desires, etc. Each relationship will be special and they will each contribute to you achieving a greater understanding of yourself and each of your girlfriends than you ever dreamed possible.

Poly Dating means all the good parts of a relationship - the fun, the butterflies, the adventure, the curiosity, the uncertainty...and of course, the sex.

Lots and lots of sex.

Sound like something that might interest you? I hope so because you know...you're a guy. We all enjoy lots of sex.

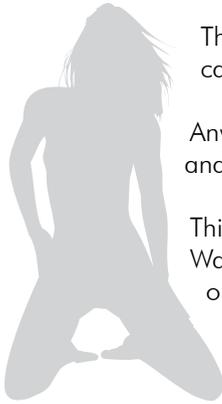
And this is without Drama...without lies, without pretending to be someone else, without

POLY - DATING

masking your true desires, without hurting anyone's feelings, and without feeling like you're trapped in a committed relationship you never signed up for.

I enjoyed this lifestyle for many years, some of the best years of my life. It was incredibly fun and I had a great time doing it.

I dated lots of women through this process and I learned at a super-charged rate about women, about relationships, and about sex. Being polyamorous is the most fulfilling kind of relationships that I have had.



The system that brought all of this knowledge, freedom, experience and fulfillment is called Poly Dating.

Anyone can reap the rewards of Poly Dating. You can have more women, more sex, and more fun with dating than you've ever had in your whole life.

Things REALLY get fun when you reach a point in the Poly Dating process called "The Waterfall" where women are basically drawn to you magnetically. They are even recommended by their friends and seemingly come out of every direction to meet you and sleep with you.

When you reach The Waterfall, you can't help but meet more and more women faster and faster. Women will be able to sense your social and sexual confidence and swarm to it, like sharks smelling blood.

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I'll explain more about The Waterfall and how to reach it later.

There are several crucial steps you have to take before Poly Dating. Failing to pay attention to these are a sure way to dating disaster.

→ A POLY DATING ROOKIE MISTAKE

"Bigamy is having one wife too many. Monogamy is the same."
Oscar Wilde

Before I tell you about how to start Poly Dating and offer you the step by step instruction on how to get to The Waterfall for yourself, I want to tell you how things can go terribly, miserably wrong.



Warning: This is the #1 reason that guys are afraid of Poly Dating.

Again, this is a way to NOT do Poly Dating...and a picture of how totally screwed up things can get.

The story that I am about to tell you is the truth, and nothing but the truth, and it will give you a good picture of what NOT to do.

This happened to me when I was just starting to try this whole Poly Dating thing (or at least I thought it was). I thought it would be amazing to have more than one girl interested in me and be able to explore more than one relationship at the same time.

There was a time when I happened to have two girls interested in me at the same time. It was fantastic.

I hadn't hooked up with either of them yet, but I was hanging out with each of them every few days or so. I didn't tell either of them that I was seeing someone else. I thought doing that would ruin it.

Sound familiar?

I know it's happened all too often to almost every guy I've talked to.

I figured if they found out about each other they would try and force me to choose between them. I wasn't ready to pick one because each of them had their unique charms, I was very attracted to both and loved hanging out with them for completely different reasons.

So, I didn't bring it up, and I was hoping that they wouldn't either.

At first, I was elated. I kind of felt like a badass. I had TWO girls interested in me, how could that not be cool?

But after a few days, it started to wreak havoc on my conscience. I couldn't put my finger on exactly why, but suddenly it didn't feel as cool.

Especially as I got closer to each of them and continued going down what felt like a familiar path...meet, flirt, hang out, "see where it goes" for a couple of weeks and then...make a decision about whether we would be boyfriend and girlfriend or not.

I didn't want to be on that path. I didn't want to be anybody's boyfriend. I also didn't want to stop hanging out with these two very different, very awesome girls.

So, I just ignored the little voice in the back of my head that started to have a weird feeling. I just went into passive denial mode.

Then, something happened that wrenched me out of passive mode and forced me to take action on something I had been avoiding.

A friend of mine pulled me aside and told me "Hey dude, so Monica (which wasn't her name, but let's just say it was) said you are her boyfriend. I didn't know you were dating".

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As the words came out of his mouth, I felt like I had been punched in the stomach. Suddenly, I couldn't keep just avoiding this question anymore.

Now it was public knowledge that Monica and I were dating. Like...boyfriend and girlfriend, going steady, monogamous dating. Even though I never agreed to that!

I felt like a chump. Like I had no control over this situation, and worst of all... I still had NO IDEA what to do about it.

And it got worse. I found out that it wasn't just this one friend of mine who knew. It was all over town that Monica and I were boyfriend and girlfriend.

Then I had an even more horrible thought: "What if the other girl (let's call her Sarah) finds out?" and my stomach sank even more.

I said to my friend, "Well yes, we are dating, but we're not dating exclusively. She never talked to me about that. But apparently she thinks I'm her boyfriend. Man, what am I going to do?"

The next day, when I was figuring out how to handle the situation with Monica, I talked to another friend of mine and got the crippling blow for my first attempt at Poly Dating...apparently, Sarah was saying the exactly same thing to all of her friends: She was telling them that I was her boyfriend.

Now I was at a complete loss. I needed to figure this out and do something, or I was about to be in a world of pain.

Now I know what you might be thinking... "Dude, you have two girlfriends? That's awesome!" and believe me it does SEEM like a high quality problem, but it was terrible. I didn't want to bring it up to either of them because I didn't want them to think that I was cheating on them.

So, what did I end up doing? In a manner of speaking...I ended up cheating on them. At least, that's what it felt like.

I was able to keep this up for several weeks, but eventually it started to catch up with me. Not to mention eat away at my conscience. I didn't want to hurt or lose either of them.

They both started to ask questions. Things were starting to fall apart and it wasn't fun anymore.

In fact, I started to get very stressed out because I felt like I was lying. I felt like I was cheating and misleading them. I felt like this because the hard truth is, that I was. I was not being honest and it was tearing me apart.

This extremely fun, happy, exciting time in my life turned into a stressful, miserable experience and I felt like a total sleaze bag. Not to mention a complete and utter coward of a man.

The good thing is, this experience made me look for a better way. I never wanted to feel this way ever again, so I started a new mission in my dating life:

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Figure out exactly how to date multiple women at the same time without hurting, misleading or mistreating anyone AND do it without compromising my integrity for one second.

That's how I discovered the steps to Poly Dating, and that's what I am going to reveal to you so that you won't ever have to tread that awful ground of feeling sleazy and mistreating women, but you will still maintain a badass dating life meeting, enjoying and hooking up with many amazing women at the same time.

You won't ever have to tread that awful ground of feeling sleazy and mistreating women

Oh and my story didn't end there, by the way. It got much worse...

I finally decided that I couldn't save both relationships. I ended up taking the one relationship that was the least high maintenance. I made a clear decision within myself that I would stick to dating Sarah and I just stopped talking to Monica altogether.

I didn't break up with her; I just stopped talking to her. It was the most passive aggressive thing I'd ever done in my life, and it made me feel like a total coward.

Plus, even when I stopped talking to her, she still tried to stay in touch with me. The whole time, she was thinking she had screwed up. She was wondering what she did wrong. She felt terrible about herself, and I was the one who caused that. All because I couldn't man up and deal with it.

But it didn't even end there. Sarah, the girl that I decided to stay with, figured out I had been dating another girl. No doubt you can imagine the hellstorm that brought on.

She started getting curious and asking me point blank questions. This is one of the worst points in my life. I completely lied about everything. I had the least amount of integrity that I've ever had. It weighed heavily on me. And obviously that relationship didn't last long at all.

Originally when dating two girls at once completely blew up in my face, I figured that Poly Dating wouldn't work for me. It took too much juggling and lying. I left a really bad taste in my mouth.

But here is an important distinction; what I was doing was trying to be monogamous with two girls at once. I wasn't Poly Dating. This is a HUGE difference.

Being monogamous with more than one woman at a time requires lying. Poly Dating means there are no lies. In fact, lying goes against the whole core principles of Poly Dating.

Poly Dating means there are no lies.

Let me tell you this: Poly Dating is not going to help you be a major player. You will not be leading girls on, hitting it and quitting it, loving 'em and leaving 'em, or leaving a trail of broken, bitter and jaded hearts and low self esteem.

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Instead, you will hook up with as many girls as you want and be completely open and honest about it, leaving them feeling great about themselves and about you, experiencing the greatest confidence you've ever felt.

You know the saying, 'you can't have your cake and eat it too?', well I'm here to tell you that you CAN have as much cake as you want and you can eat it.

BUT you absolutely need to go about it 100% the right way through the Poly Dating system. When I figured that out, things totally shifted for me. I started talking to and dating many, many women at once. I started to unlock pieces of my personality that I had hidden before.

There is an incredible rush of freedom that comes from knowing you don't ever have to lie or deny yourself your most honest desires. You can completely be yourself and enjoy the absolutely liberating feeling of being completely honest and congruent in everything you do.

When I was able to be honest about who I was, and what I was doing, my confidence went through the roof and yours will too. This is just one of the many hidden benefits you will find through Poly Dating.

Through Poly Dating people started to notice something different about me. There was a suddenly a moment where it felt like I was truly free for the first time in my life.

It's a lot like winning the lottery. Imagine for a second if money were suddenly taken out of the equation and you could simply make every decision based on what was BEST and never settle for anything less.

There would be nothing like it. It would be a complete liberation in every sense of the word. You would only make decisions that would lead to you enjoying your most honest and deep desires. The world would be your oyster.

This is exactly what a Poly Dating lifestyle is like. When I stumbled on to the "secret recipe" for Poly Dating success I felt exactly like I had hit the jackpot and because of that, all my insecurities, doubts, and fears just evaporated.

These very feelings were exactly what had held me back for so many years in every single relationship I'd ever had.

As those fears, doubts and shortcomings fell away, I felt like I was instantly able to do some really super human things I never imagined were possible for me. Most people still don't believe my Poly Dating stories when I tell them. I can guarantee you that when you start using the Poly Dating system, your life will never be the same.

But we will cover all of that from front to back.



→ WHY POLY DATING OVER MONOGAMY?

“Eighty percent of life’s satisfaction comes from meaningful relationships.”
Brian Tracy

Before we go into the details let’s talk about the why. Why should you choose Poly Dating over monogamy? Should you choose Poly Dating at all?

I believe that Poly Dating is the right decision for nearly every guy to integrate into his dating life immediately to integrate into his dating life immediately and it would solve 90% of the problems that happen when you’re dating women before finding the girl of your dreams.

Poly Dating is the right decision for nearly every guy to integrate into his dating life immediately

Later I will explain how you can tell the difference between a monogamous relationship and Poly Dating, because sometimes it can be tricky.

There are a few very crucial reasons that every guy should try Poly Dating at least once in his life:

Reason #1 - Time

Not only do you have a biological need to mate with as many healthy partners as possible, but you have a need to do it NOW. The one thing that everyone is running out of, is time. We might have unlimited resources for basically anything we want, but every day we are losing time.

It’s a fact that men need to learn about women as fast as possible and through many different encounters. The more connections you make the better your skills will be.

This is going to make you better in bed, a better boyfriend, and maybe someday, a better husband.

Let me explain it like this. Let’s just say that you only get 100 hours to interact with women every month.

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If you are only with one girl, by the end of the month, you will have only learned from 100 hours of interaction with one girl, who has one set of skills, goals, fears, quirks, and experiences.

If you are Poly Dating, on the other hand, that bank of hours gets increased. Each woman you spend time with in that 100 hours is going to offer you something completely different. Different learning styles, different ways of expressing affection, different sexual desires, fantasies and preferences.

Poly Dating speeds up the learning process, so you don't waste your time going from one failed relationship to the next one and you taste as many flavors of romantic interaction as are possible in your limited time on this planet.

Many guys waste their time with something I call "serial monogamy". This is when you go from one monogamous relationship to the next monogamous relationship, starting over and over again and not really getting anywhere.

Because in serial monogamy you are jumping from one short relationship to another, you are never getting past the beginning stages of a relationship OR learning about different types of girls. You are never getting to the later stages, which sets you up for some serious trouble down the road.

Someday you might just want to have a monogamous relationship and you will have no clue how to do it properly, because your collective experience is made up of a bunch of half-hearted, short lived and ultimately failed serial monogamy relationships.

Most guys screw up the monogamous relationships they really want by cheating or being miserable because they haven't learned how to be themselves in a relationship. If that's ever been you, don't worry. I was there too. I've been there plenty of times. But don't worry, because it's about to be a thing of that past.

Look, the biggest point here is that you want to be ready when you finally meet the woman of your dreams.

That's why you're doing all of this. So that when you finally meet her, you are 100% sure of who you are, what you want and how you're going to get it.

Reason #2 - Honesty

The second reason that Poly Dating is a better choice than monogamy is because of (big shock here) honesty.

Most guys aren't, or can't be, truly honest in their relationships. They can't share all their dirty fantasies, they can't be themselves. Guys have to pretend to be something they're not to please their girlfriends. Being fake all of the time is mentally and emotionally draining and eventually will lead to trouble.

Honesty is so freeing that you will experience life like you never have before.

Poly Dating allows you to be completely open about who you are and more importantly, what you want.

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Here is a perfect example:

Pretend that you are sitting and talking to your monogamous girlfriend at a coffee shop and a beautiful, sexy woman walks in.

She asks, "What are you thinking about?"

If you are completely honest and respond with, "I am thinking about hooking up with that girl over there." How is she going to react?

She's going to be pissed off. And she should be. Monogamy creates relationships where you have to pretend that you never even think about other girls. **You have to lie.** Monogamy doesn't allow you to be honest about your feelings.

Guys in monogamous relationships think about hooking up with other people all of the time, but they never admit this to their girlfriend. Right? They're not allowed to talk about their honest sexual attractions. This forces guys to lie and tell half-truths. Men are forced to shut off a part of their natural selves. But it doesn't have to be this way.

Let's go through this little scenario again, but this time you are sitting there with a girl that you're Poly Dating:

She asks, "What are you thinking about?"

You can be honest and you respond, "I am thinking about that girl over there."

She smiles and says, "Yeah, she's hot, let's go talk to her."

I'm not kidding you. It is that easy, especially once you get to The Waterfall stage.

When Poly Dating, your girlfriends will totally accept that you want to sleep with another girl. This is because your relationship is based off of honesty.

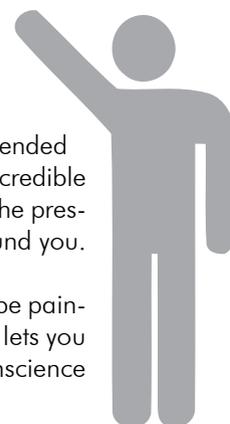
A powerful bonus to all the girls you'll be hooking up with when Poly Dating, is knowing that you don't have to lie, about anything...ever.

Reason #3 - Integrity

The third reason that Poly Dating is the way to go is because of, integrity.

Men don't really have the capacity to live what is called a "double life" for any extended period of time. When you try to live double lives it only adds an increasing and incredible amount of stress and unneeded drama in to your life. Eventually you will fold under the pressure and the house of cards that you have built will come falling to the ground around you.

If you have multiple monogamous relationships already, clearing away the lies can be painful, but once you start living in integrity you will never want to go back. Poly Dating lets you be honest and upfront about your needs and this allows you to have a clear conscience with everything and everyone you've met.



When you live in integrity you will notice that other areas of your life will start to open up too.

When I started Poly Dating, not only did I have a lot more sex, but my business started to improve as well. I didn't realize this connection at first, but now I do. My business improved because I had no reason to lie to anybody. Being in integrity in my relationships made it easy for me to be in integrity in all areas of my life. It was like a ripple effect that started from within and worked its way into every aspect of what I said and did.

The reason it just happened was because I consistently had seven different women that were waiting for me to call or really excited to hook up with me and this was a powerful motivator to keep me in integrity in all of the areas of my life.

Reason #4 - Fun

The last reason is a simple and obvious one. It's really fun. It's awesome to have all of these different experiences, especially the sexual ones.

After awhile I also started to see that different girls in my life would play a different role for me. I knew that if I found one girl that could hold all of these roles by herself, she would be someone that I could be monogamous with, but it would take one special woman to fulfill the roles that seven different women were holding in my life.

So there are the four major reasons:

- 1. Time** - Which you are running out of. You have to do something to get through the process faster.
- 2. Honesty** - Which is something that men are trained to not do, we are forced to deny who we are and what we want.
- 3. Integrity** - Allows you to have the freest lifestyle and not live two lives at once.
- 4. Fun** - Enough said.

→ THE PUBLIC ENEMIES OF POLY DATING

***“An object in possession seldom retains the same charm that it had in pursuit.”
Pliny the Younger***

You have to enter into Poly Dating with the right mindset. I really want to make sure that you understand what you are up against when you take on this lifestyle. Like I've mentioned, the benefits are powerful, but sometimes the challenges can be just as powerful. There are a few things that will completely and absolutely kill your ability to Poly Date. These are what I call the five public enemies.

The five public enemies are; jealousy, other boyfriends, fear, lying, and apathy.

Public Enemy #1 - Jealousy

Jealousy in a monogamous relationship is crucial for the relationship to work, right?

Think about it for a minute. If you are in a monogamous relationship and someone tries to steal your girlfriend, what would happen if you didn't do anything about it? No doubt your girlfriend would be pissed and you might end up without her.

Jealousy in a monogamous relationship is important. It's a strange way to show each other that you care.

But with Poly Dating, jealousy is the devil. It will absolutely kill your relationship. It will kill Poly Dating completely. If feelings of jealousy do start to sneak in, you will have to purge everything and start over from scratch.

This is super important so read carefully.

Jealousy isn't just about girls being jealous of other girls, but also about YOU being jealous.

We'll talk about that more in a bit, but first let's go over jealousy in the girls that you are dating. In Poly Dating if a girl gets jealous it is likely that one of two things has happened.

- **One:** She might not be interested in this lifestyle. Not all girls will be. Maybe she lied about it being okay because she was so into you. Maybe she thought she could deal with it and once in the situation realized that she can't. Or maybe she lied thinking that she would

be able to trap you in a monogamous relationship after a while. It doesn't matter why. If she gets jealous, she isn't for you.

- **Two:** It could be that you didn't set up the relationship properly. If you go into the relationship with honesty and continuous reality checks, which I call reinforcement, you are less likely to have false ideas popping up along the way.

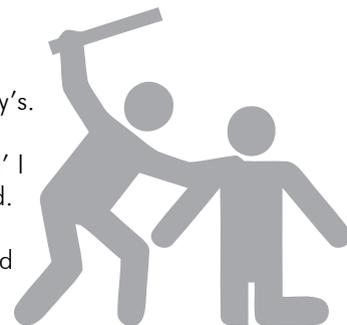
Public Enemy #2 – Other Boyfriends

This public enemy also relates to jealousy, but this time it is yours or another guy's.

The most important part of Poly Dating is honesty.

The most important part of Poly Dating is honesty. By 'other boyfriend' I don't mean that she can't have any; it's actually the other way around.

This is true for you AND for her. If she has other boyfriends they need to know that you exist. She needs to tell him that she is dating another guy and he needs to be cool with that fact.



If she isn't honest, you could end up with some dude banging on your door thinking that you are the other guy, when you're not.

This also means that you have to be okay with her dating other guys and sleeping with other guys. Read this again, you have to learn to be comfortable with her hooking up with other guys.

You have to accept the fact that if you go to a bar together she might leave with someone else. And you might too.

Many guys have a really hard time with this.

Knowing your girl is hooking up with another guy can bring up all sorts of baggage. It could leave you feeling like you're not good enough, you could feel lonely, or sad, but this will get easier as you start to date more women.

At the beginning you need to accept the idea of her being with another man or else it will be much, much harder for you to deal with when it happens (and it will happen!).

If you have the right mindset for Poly Dating you will be genuinely happy for her if she finds another guy.

She isn't going to find someone better than you because you will be the most confident, honest guy she's ever met.

It's rare to find someone more confident than a guy who truly practices Poly Dating.

Public Enemy #3 – Fear

Fear is connected to so many things and none of them are productive. When you're thinking about dating multiple women at the same time, you might have fear around being accepted,

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you might have fear that she'll think you're a pervert, you might have fear that she'll get turned off, maybe you're afraid of being honest.

These are the things that keep you from saying what needs to be said. And I am going to teach you how to get through all those fears with Poly Dating. When you handle each of these fears one by one, trust me...you'll have more women in your life than you dreamed imaginable.

Yes, fear sucks, but you have to overcome it if this is the life you want. Feel the fear, but do it anyway. It's fine to be scared, but you absolutely have to do it. Keep going and push through to the other side.

Feel the fear, but do it anyway.

It's just like getting into cold water. If you only dip your toe in it is going to feel much colder. If you slowly sink into the water it will feel painful and not worth it. But if you move past the fear and jump in, your body adjusts immediately and you realize it wasn't as cold as you thought it would be.

Leaning into the pain and feeling fear but not letting it stop you is an amazing practice to integrate into your life in general, but in the context of Poly Dating, it will absolutely make or break your chances.

Public Enemy #4 – Lying

There is **never** a good reason to lie in Poly Dating. There can be no lying from your part, ever.

Now, she might lie from time to time and you need to be okay with that. She might not be as comfortable with this process as you are and remember that she is not the one in control; you are. You have to be okay with her lying and not try and get back at her by lying yourself.

This is a hard part of the process, but in order to Poly Date you have to practice radical honesty.

Radical honesty means being honest all of the time no matter what. You have to say everything that is true all of the time. You have to keep this mindset if you are going to practice Poly Dating.

Lying is not an option.

Now I've had women in the past say, "Look, I don't care if you're polyamorous, but don't ever bring it up around me."

Sounds good on paper, but I've tried being polyamorous with girls like this and it never works out. This is just another way of lying, and it never works.

Never.

Public Enemy #5 – Apathy

Apathy means that you don't care about what the girl is experiencing or feeling.

Poly Dating doesn't mean that you get to be selfish. I understand that this might sound crazy

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because in Poly Dating you will be getting everything that you want and living out all kinds of fantasies. But if you only focus on you, you'll never be truly practicing Poly Dating.

A lot of guys get caught in this. They get involved with Poly Dating and start getting selfish.

These guys try to hold on to everything they currently have. They ruin it all because it's not about that.

Poly Dating is really about the girls being happy. If they're not happy, you have two choices- cut them off or figure out how to make them happy.

There could be a lot of reasons that you can't make her happy. She might be super jealous; she might have another boyfriend and didn't tell him about you, she might be afraid to lose you, she might get caught lying over and over again.

These are all public enemies and a reason to cut someone out of your life. If one of your girls is always stumbling across one of the five public enemies, the best option is to let her go.

The five public enemies go against Poly Dating and will create a dam that stops The Waterfall.

→ IS IT MONOGAMY OR POLYAMORY?

"I need more sex, OK? Before I die I wanna taste everyone in the world." Angelina Jolie

One of the most eye opening things for me was learning the true difference between monogamy and polyamory. I wrote about this a bit in the Tao of Badass, but I want talk about it a little bit more here.

It's all about a concept called the Triangular Theory of Love. It was developed by a guy named Robert Sternberg who is a psychologist. He was pretty popular in the 80's for his studies around love and relationships.

Basically he says that being in love is different than love. In order to be in love you have to have three things, three points of the attraction triangle. These points are; sexual attraction, logical attraction, and emotional attraction.

Sexual attraction is pretty straight forward. When you're sexually attracted to somebody you want to sleep with them. When you lust after someone or feel physical desire this is sexual attraction.

Emotional attraction is about rapport. In the Tao of Badass, there's actually an entire section called Creating Love that's all about creating rapport.

Logical attraction is about the actual logistics; whether or not it makes sense for the two of you to date. If a computer were to analyze this relationship and look at it, would the computer say, "Yes, you should date," or, "No, you shouldn't." If your lives are generally headed in the same direction AND you live in the same area (a HUGE thing that people will ignore that is absolutely necessary to the triangle) this is logical attraction.

Without all three of these attractions, you aren't dealing with being in love.

Without all three of these attractions, you aren't dealing with being in love. If any point of the attraction triangle is missing then there isn't enough to keep you sustained and invested in a long term monogamous relationship.

So how does this play out in Poly Dating? Let me explain...

In Poly Dating relationships you will only have two of the three points of the Triangular Theory of Love. And this is exactly how you want it. You're not looking to fall in love with each girl you meet. So it's important to recognize what type of girl you are dealing with before getting involved.

When you are working with two of the three attraction points they will break down into a specific type of relationship. When meeting girls you will want to determine if she has the potential to be a superficial love partner, a hopeless romantic partner, or just a friend.

For Poly Dating purposes you are most often going to run into girls that will either be superficial love or hopeless romantic love. These girls will work on different levels and the way to attract these relationships and keep them polyamorous works differently.

• **Friendship** - If you have the emotional and logical points, but no sexual energy than what you have is called friendship.

It's pretty straightforward and without the sex these relationships won't be part of your Poly Dating life.

• **Superficial Love** - When you have the sexual and logical points, but no emotional attraction, then you have what's called Superficial Love.

This is like a sex buddy, someone who's in the right place at the right time. There is a sexual attraction, but you never open up to each other. Everything is on the surface.

Superficial love girls are relatively simple. They want things to stay light. They don't want a lot of rapport or connection. When they hang out, they don't really try to cuddle with you. They're not trying to latch on. **They want and need their freedom just as much as you do.**

Poly Dating these girls doesn't take a lot of work. A superficial love girl is not exactly the kind of woman that you want to be with long term. They don't need a whole lot of attention. They have other dudes they're hanging out with too. Everything is chill with them. They don't really need a whole lot of maintenance and they're not trying to constantly build rapport.

You won't have to do a lot of work to keep bringing them back. I typically have four or so "outer" girls that fall into this category.

! **A word of warning:** In these relationships you don't want to spend a lot of time on building rapport, because you might find yourself in a monogamous relationship. Keep that in mind.

• **Hopeless Romantic Love** - If you have the emotional and sexual points, but no logical connection then you have what's called Hopeless Romantic Love.

Hopeless romantic love is a complete disregard for the 'rightness' of your relationship. A lot of guys try to hold on to this type of connection in monogamy and it is a huge turnoff for women. After a while it will blow up like an A-bomb.



POLY - DATING

What's great about these relationships in Poly Dating is that you will get other kinds of fulfillment from them. These girls will offer a lot of emotional support, and acceptance and this will fuel you as a man. Some of the best girls to Poly Date are hopeless romantic girls, but you have to lead them down the path really softly and in a specific way.

I usually have three relationships that fall into this category and these are the relationships that I prefer.

 **A word of warning:** If you find yourself in a hopeless romantic relationship where you have deep emotional powerful conversations it will be important for you to constantly reinforce the truth about your Poly Dating nature with this girl because your relationship could slip into monogamy before you even know it happened.





THE FOUR RULES OF POLY DATING

"I know a man who gave up smoking, drinking, sex, and rich food. He was healthy right up to the day he killed himself."
Johnny Carson

I know what you're thinking. You want to get to the good stuff already, but trust me. Before we get to the exact steps it is good to have a strong foundation. I want to help you avoid the same mistakes I made with Poly Dating.

These four rules you cannot break.

Part of that foundation is the four rules of Poly Dating. These four rules you cannot break. If you break any of these rules it's going to come back to bite you in the ass. And you will deserve the pain of that bite.



• Rule #1 – Never Make Her Feel Second Best

Never say to one of your girls, "Oh, hey, I have to cancel my date with you tonight because I'm going to hang out with another girlfriend."

Never ever, ever do that.

This is important to the entire process. Women will be completely comfortable Poly Dating, but they are not cool with you choosing some else over them. They don't want to feel like they're playing second fiddle, but they are okay with being part of an orchestra.

If your girl thinks that she is just a relief pitcher she will back off and you will have one pissed off chick. If they have friends in your social circle they will take them along with them on their way out and you will be left with no girlfriends at all. So, just don't do it.

• Rule #2 – Don't Project into the Future

Never talk about the future, or how your lives are going to be in the future, with any of your girls, ever.

This is talk for monogamous relationships.

If you future project with a girl, like, “Oh, you know what we should do next year? We should go to Hawaii and just spend five days having sex on the beach.” What she is going to hear is that you want to make a long term commitment to her and next year you have plans to still be together. Don’t do that.

Again, that’s behavior for a relationship, a monogamous relationship, not for Poly Dating.

• **Rule #3 – Cut Her Off if She is Jealous Twice**

If she gets jealous once, fine, use it as an opportunity to set down some reinforcement about Poly Dating.

Gently correct her, say something like, “I told you that I Poly Date and I really am polyamorous. I’m not the man that you are going to marry. I’m not the perfect man for you. If you aren’t comfortable with that I need to know right now so we can stop this.”

It’s so important that you are straight forward and put it all out on the table

It’s so important that you are straight forward and put it all out on the table in an open and honest way. If she gets jealous again after that ultimatum, then you have to cut her off. Don’t let her continue. There are too many women in the world to deal with jealousy.

Don’t waste your time. Get rid of her.

• **Rule #4 – Always Meet Her Needs**

Meet all of her needs of often as you can.

Obviously you need to meet her needs sexually.

You should be able to keep her excited in the bedroom. If you don’t she will find someone else who will. This means you have to be open to things she might want to experiment with. Let yourself be ready for anything.

Less obvious is meeting her emotional and mental needs.

You are her boyfriend. If she needs a mentor, you be that mentor. If she needs some masculine energy in her life, you need to offer her that energy. You have to be comfortable doing all of that.

And even less obvious is your part in doing public service.

Through Poly Dating you are going to meet girls that just need to have sex. You will be able to tell pretty quickly if a girl just needs to get laid. It can be like therapy for her.

When you come across a girl like this while Poly Dating it is sort of your duty to sleep with these girls, as long as they’re not horrific. My rule used to be that if you can think about her and not throw up in your mouth a little bit, then you need to do it. It’s your duty.

I’m not saying that you date this girl, but you have a gift to offer these women. When you hook up with these girls you are giving them that gift. Plus, you are making it easier for the next guy to come along and date her.

POLY - DATING

With that being said I also want to advise you to not judge women too harshly when you first meet them.

Find a beautiful thing about every one you meet.

Of course there are a couple of rules that I've never crossed. I never dated women who were overweight or that I thought were terribly ugly, in any kind of sense. I had a certain standard that women needed to reach and I always stayed at that bar.

When I got new girlfriends I would set the bar higher and I kept doing that with every girlfriend I dated.

→ POLY DATING

“The major civilizing force in the world is not religion, it is sex.”
Hugh Hefner

Yes, it is the time you have been waiting for! We come to the heart of the matter and the six step process of Poly Dating.

This method will help you go from not dating anyone, to dating multiple women at the same time. Not only will you have many girls in your bed, but you will have tons of women approaching you, wanting to date and have sex with YOU.

I figured all of this out on my own. I made a load of mistakes which is why I am writing all of this down.

It is possible for you to start Poly Dating without making ANY of the mistakes that I made.

The six steps of Poly Dating are: The Setup, The Objections, The Reinforcement, The Sex, The Search, and The Waterfall. If you get stuck on any of these steps you won't be able to move on to the next one. They follow each other in the process.

If you do try to skip ahead and just get to the sex, which is understandable, you will be setting yourself up for problems and complications down the road. The goal of Poly Dating is NOT to have a string of girls in your wake that you've only hooked up with once, but to have long term sexual relationships with as many women as possible.

That distinction is really important.

A lot of guys are just looking for sex, and hey, I get that. But that is not what Poly Dating is about. It is not about the sex.

Let's start by breaking down each of the steps that lead you to The Waterfall.



→ THE SETUP

The setup is the trickiest part of Poly Dating. You have to start the set up at the very first moment you start talking to a girl. This took me a long time to get right. I tested many variations of how to create the perfect setup. I spent a lot of time organizing and working out the wording. And you don't have to waste time doing all of that work...

I am going to tell you the exact things to say.

You can try to deviate from it, but that would risk its effectiveness. Remember that I will tell you what to say, but you need to say it in your own natural way. Fine tune it to match your own words and way of speaking. The setup should not come out like a rehearsed script. It should be natural and normal.

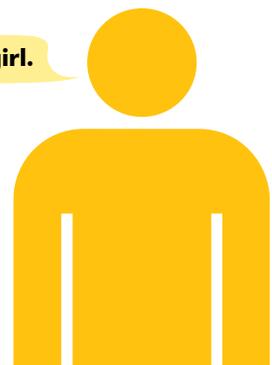
This is very important; if you cannot make the setup work with your own style in mind, then you won't be able to continue to the next step. Period.

One slip up in the setup phase makes it impossible to move on to any of the other steps. As you get better at this process you will see that mistakes down the road can easily be cleaned up, but make a mistake in the setup and you're toast.

The setup is all about bringing up you Poly Dating in a way that makes her interested. You are going to introduce the concept to a girl in a way that bypasses all of her barriers. With her barriers down she won't stop the process. Instead she will be curious and intrigued and want to know more about you and Poly Dating.

This may seem pretty obvious, but a lot of guys don't realize that it's the most important part of Poly Dating, so they skip over it.

The Setup starts within the first five minutes of meeting a girl.



POLY - DATING

It will start with the light-hearted jokey stage and flirtation that happens before you get into qualification, called attraction. For more information on attraction and qualification read the Tao of Badass.

So here is how the setup works.

You are going to ask her open-ended questions about her last relationship. I usually go with, how did your last relationship end?

I get that this is typically a big no-no, but because you're after Poly Dating and NOT monogamy, you have a greater agenda in mind and it's actually going to work for you. In monogamy there is an unspoken rule about bringing up previous relationships, but in polyamory you need to be direct.

She is going to tell you about her last relationship. She'll say something like; "Oh, he was jealous. It ended. Whatever." This is where you drop the bait.

Say something nonchalant like, "I don't have that problem anymore because I changed something about the way I'm in relationships now. But yeah... I remember what that was like and it completely sucks!"

That's it. If she doesn't take the bait and ask you more questions, you have to let it go and drop your hook later to give her a second chance to bite. That's really it.



If she doesn't take the bait do not follow up with the comment, "It's because I'm polyamorous." Don't do that. Don't throw it at her; you need to entice her to ask more about it or else you will get a terrible response when you say that you are polyamorous.

As you move a little further in the conversation you can try to drop the idea of polyamory again.

For example, if she is talking about jealousy, fear, lying, apathy, or selfishness, these are all big cues that it's time to drop the Poly Dating bomb. Follow up any of these comments with something like, "You know that doesn't happen in a polyamorous relationship. Have you ever considered just being polyamorous with guys that make you feel that way?"

Any of the above comments from her are an open door to bring up Poly Dating.

If you are in a bar and other guys are checking her out you can use that to lead into the setup. It's totally okay to say something like, "That guy over there seems to be digging you. You want me to introduce you to him? Seriously. You can hookup with any guy you want to. I'm polyamorous. I'm completely comfortable with that."

Once you have said the word polyamory, you have to be prepared to answer questions.



Almost 100% of the time women are going to ask, what does that mean? Here's a secret, most women know what polyamory means, but they want to know what YOU think it means. If she smiles when you say polyamory, then there is a pretty good chance that she knows. It doesn't really matter if she is on to you or not. You want to answer this question the same way no matter what.

Here is what I say, "Well, poly means many and amory means love or lovers, so polyamory technically means I have many loves or many lovers, many girlfriends at the same time." Sometimes I might add "I have many girlfriends or many lovers, and if I meet someone not comfortable with it, I don't date them. I am completely open and they all know about each other ahead of time."

If the girl you are talking to isn't cool with it and not completely open and comfortable, then you don't date her. That's it. That is all you say.

→ THE OBJECTIONS

***“There are only three things women need in life: food, water, and compliments.”
Chris Rock***

What comes next is the objections.

Girls are going to tell you all the reasons that Poly Dating won't work for them. Through my experiences I learned to take the biggest objections and deliver them right up front.

I learned to take the biggest objections and deliver them right up front.

This next stage is about overcoming all the different objections that they throw your way.

A Short Story About Objections

“A jealous husband doesn't doubt his wife, but himself.” – Honore De Balzac

My first brush with real Poly Dating happened when I starting seeing a girl who was polyamorous before I met her.

We met up at a coffee shop and I was trying to do my 'suave' thing. I said to her, “So do you have a boyfriend?” I knew she didn't and I was only saying it to be cocky.

Her response was, “Oh, I date a lot of guys.”

I said, “What do you mean?”

She came back with “I have several guys and girls that I see. I am polyamorous and everyone is cool with it. I don't date a guy unless they're comfortable with that.”

In my head I was like, What, am I not good enough?

Luckily I didn't say that out loud. I seriously thought that it wouldn't work out with this chick. The voice in my head was telling me to leave, run away, and fast. Thankfully I didn't listen to that voice.

I was surprised and curious, so I asked her to tell me more. I took some time to think about it and eventually decided that I wanted to give it a try.

The reason I'm telling you this story is because even I had objections and felt intimidated by her sexual openness and I'm a dude.

A hot bi chick told me that she was polyamorous and wanted to see if I was open to it and I still had objections. Even when girls are interested in Poly Dating, they're still going to want to learn more about it. It's totally natural for girls to have some objections.

It's totally natural for girls to have some objections.

And let me tell you that many girls won't really be sure how they feel about it at first. They're going to ask a lot of questions to try and figure that out. Most of these questions are a test for you.

They want to see how honest you truly are. They want to figure out if you are just trying to sleep with them. If you hesitate, pause, or try to get out of a question you are as good as dead in the water.

In this stage you **MUST** have the right answers to each objection. If you can't get past their objections then you can't move to the next step.

So what you need to do is have a clear and honest answer for virtually any objection that could be fired your way. I'm going to help you create a little arsenal of answers to help you get through this process.

Here are the top seven objections that you'll run into and how to best deal with them:

1. "I could never do that." – This is a really common objection for women.

I could never do that. That's not me. It's not what I want. These are all basically the same thing. Here is how you answer this objection:

"You know, it's not for everybody, but if you ever meet a guy who's confident enough as a man, comfortable enough in being polyamorous and who's actually really good at it, then I highly suggest you try it out. I really think you should. It's one of the most amazing experiences. A lot of women that are dating me are doing it for the first time. They haven't done it with any other man though some of them have other guys that they're dating and that's awesome. There aren't a whole lot of guys that know how to do it right, but if you ever run into another one, I highly suggest you try it out."

Yes this is very, very ninja. Through this answer you are taking everything off of you and creating a picture of "another guy". As you do this, they will be thinking about the likelihood of meeting another guy like you. It's going to cause internal pressure for them.

They will be thinking, "Man, I'm probably never going to meet another guy like this."

And when they do say, "Okay, yeah, I'll try that out" (because they will), you must continue talking as if nothing has changed.

Yes, she has just agreed to have sex with you, but keep your cool and continue with the steps, otherwise you will blow the whole thing.

I've only had two girls, two girls, use this objection and not change their minds after my response. Two out of hundreds. Keep that in mind. It's very, very powerful.

2. "Are you sleeping with all of them?" – This is a less common objection, but it does come up from time to time. It is vital that you answer honestly here. You have to own up to it immediately. Here is how you answer this objection.

"Well, yeah, most of them. I mean I'm not going to date them and then depriving them of sex. But we also agree to have a complete 100% protection rule. We always use protection. But, yeah, I'm sleeping with most of them."

A girl asking this question might actually be asking about diseases. It's not the fact that you are having sex with a lot of other girls, but if you're being careful with it.

Some women might also use this objection when they are feeling competitive about you sleeping with other girls. Competition only leads to jealousy and problems. If you don't ever look at it like it's a competition, they never will either. That's very, very important.

3. "What kind of girl would actually do that?" – This is a very common objection. Girls are told that they have to be sexy, but not slutty. They are told to not sleep around or they will get a bad reputation. This objection is more about their confused morals and fears.

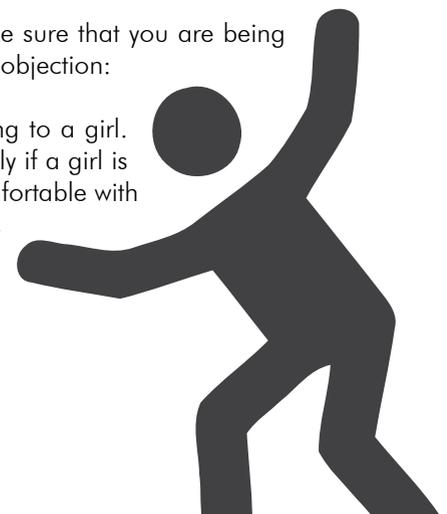
This is actually a pretty easy one to get around. Here is what to say:

"Girls like you, girls that are confident enough, comfortable with me, and trust me. They're no different than you or some of the other girls in this place. Most of the girls with me are polyamorous for the first time. They don't have a lot of experience with it outside of me. But for some reason, they are just really comfortable with me."

4. "Do they all know about each other?" – Now remember, by this point you have already told her that they all know about each other. You have told her that you don't date girls unless they are cool with it.

This question is to test your honesty. They want to make sure that you are being upfront about everything with them. Here is how you answer this objection:

"Absolutely. It usually comes up in the first five minutes of talking to a girl. And they're completely comfortable with it. I can tell pretty quickly if a girl is comfortable with it or not. It's very important that if she's not comfortable with it or she's not interested in learning how to be comfortable with it,



then I don't date her. I don't sleep with her, nothing."

By saying this you make the girl think that she has the power. Almost every girl is going to want to be open to the idea, because it's really intriguing. They want to know more. They want you to keep going so they buy into it.

Here's a shortened version:

Do they all know about each other? Yeah, of course, they do and if they don't, I don't date them at all.

A lot of girls are going to think you're pretty cocky when you say stuff like this, by the way. They may laugh or giggle because they're uncomfortable. But this is because they find you and this whole idea so intimidating.

It's not because you're doing something wrong. If girls are giggling, it's a good thing.

5. "So you're cheating then?" – This is very similar to the last question, but the answer is a little bit different.

Cheating implies that you are doing something wrong, being sneaky, or lying. It is important to reinforce the fact that you are honest and open. Here is how to reply to this objection:

"Well, no, I'm not cheating. These girls all know about each other and they all know that I'm sleeping with others. They are all completely cool with it."

Or, my favorite:

"No one is cheating. There is no cheating. You cannot cheat. If anyone tried to cheat they wouldn't be able to because there is no commitment, so there is no cheating."

The major difference between a player and truly confident polyamorous guy is that a player lies and a Poly Dater doesn't.

It's important that you are clear about honesty. You have to educate the girl you're talking to. Showing women how open and honest you are is a very powerful tool for Poly Dating.

6. "So you never want to get married?" – This is one I get a lot. Do you ever want to get married? And this is a tricky one to answer.

First off, you need to know the answer for yourself. Do you ever want to get married?

Again, in Poly Dating you have to be honest, but you don't want this girl to think that she is the one for you, AND you need to tell her the truth. Here is how I answer this objection:

"Of course, I want to get married. I definitely do. But the girls that I'm dating are not the girl I am going to marry. They're just not the one for me. I'm not going to settle for anything less than absolutely perfect for me. I don't think they should either. Neither of us think that

we're right for each other, long term, and we're both very honest about that. Someday I will meet a girl that is perfect for me in every way. I hope I get married to her."



A warning: Some girls might take this as a challenge. She might try to be that "one" girl for you. You do not want her to do that. If you wanted her to be that girl, then you probably wouldn't be saying polyamorous things to her in the first place.

If you're Poly Dating and you do meet a girl that's perfect for you, I still suggest that you at least tell her that you're polyamorous. Tell her that you have lots of girlfriends just so she knows. Plus, she'll probably be extremely turned on by it.

But on the other hand, if you have no interest in getting married answer like this:

"No, I don't ever want to get married. This is perfectly fine. I'm very happy with this lifestyle and the girls that I'm with are very happy and someday they'll probably get married and they'll leave and that's okay."

7.

"What kind of girls are these girls?" – This is actually a two part question.

- Some girls are actually asking question #3, what kind of girl would actually do that, in a different way.

And others are actually checking up on their competition.

No matter what their intention behind the question try to not go back over ground that you've already covered.

To answer this I talk about their professions. Here is a great response to this objection:

"Well, they are from all sorts of walks of life. There's a girl that I'm dating that's a professional kite boarder. She's really athletic. There's a girl that I'm dating that is in poetry school. There's a girl that I'm dating that's a barista. There's a girl that I'm dating that's a doctor at a hospital. There's a girl that I'm dating that is a stripper, one that's a hippie, and another that's a poker dealer at a casino."

Just go over whatever your labels are for all these different girls and regurgitate them.

If you don't have any girlfriends...yet.

Now if you are doing all of this for the first time and don't have any girlfriends yet, you'll need some different answers, but don't forget to be honest.

For example if you are being asked;

- Are you sleeping with all of them, and you don't have any girlfriends then the answer of, "No, not all of them", is perfectly fine.
- What kind of girls are they? If you've never done it before, then you might say, "The girls I've dated in the past are from all walks of life." You don't need to say anything about girls you might be dating now. Just name girls from your past instead.



→ THE REINFORCEMENT

***Sex is not the answer. Sex is the question.
"Yes" is the answer.***
Swami X

The next step in the process is reinforcement. This is especially important when dealing with girls that are hopeless romantics and want to build rapport with you.

If you think that your setup will carry you through you are wrong.

Reinforcement is even more important if she is looking at Poly Dating as a challenge. She might be thinking that once you two get closer you will give up other girls. Reinforcement helps prevent this potential problem.

For example, I had this student who had read one of my short polyamory reports and later came to me with a problem.

He said that he had been telling girls up front that he was polyamorous. He went through the whole set up process, but later, a little ways down the road, these girls would start to freak out. They would give him a hard time and get jealous.

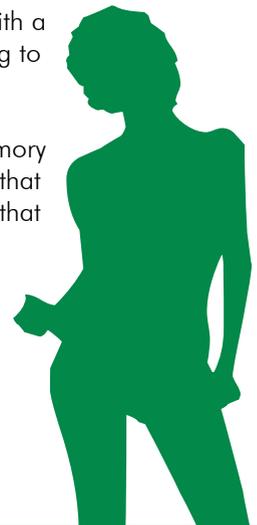
He wanted to know how to stop this from happening.

His problem was in thinking a good setup is all it takes.

It isn't.

You have to reinforce Poly Dating as you go through every interaction with a girl. If you don't and you're not clear about your Poly Dating she is going to forget. This is even truer once you have sex with her.

I cannot say this with enough emphasis; you must reinforce your polyamory before you have sex with any girl. If you don't, she is going to assume that you are in a monogamous relationship with her. Even if you clearly said that you weren't.



Women get caught up in the romance of a relationship. During conversations she isn't going to be thinking about the fact that you practice Poly Dating, she's going to be thinking about how hot you are, or fascinating you are. She's going to be sexually turned on through every state of interaction; attraction, rapport, and seduction.

This is why you must give reminders of polyamory and in different ways.

When you are in the rapport building phase you need to talk about Poly Dating in a deep and connective way. In the attraction phase you need to keep it light hearted and flirty. In the seduction phase you are going to be more powerfully manly. And we will get into the details of all of this shortly.

The bottom line is that there are two major crux moments when you need to reinforce the idea of Poly Dating.

If you miss these moments the whole thing will fall apart.

There are two major crux moments when you need to reinforce the idea of Poly Dating.

The first crux moment happens about 30 minutes after you first mentioned Poly Dating. Right about this time she is feeling really interested in you, otherwise you wouldn't still be talking. The more interested she is, the more likely she'll be to forget you're polyamorous at all.

The second crux moment is the first time you build rapport. Remember that building rapport is all about creating emotional connections; for more on rapport see the Tao of Badass. Rapport building is a crucial moment in getting to The Waterfall, but you have to reinforce at this stage or else you'll encounter problems down the road. This will happen right before you have sex. And especially so for hopeless romantic girls.

I am going to share with you the top four reinforcement techniques. They are really, really effective. You can apply these techniques whenever you feel that reinforcement is necessary, but don't forget to use them during those crux moments.

→ REINFORCEMENT TECHNIQUES

• **Ask her opinion of other girls** – I get this might sound like a mistake, but trust me, it's a powerful tool.

After you drop the Poly Dating bomb (which is my way of saying that you are bringing Poly Dating up for the first time) go back to being playful and flirty. Then make a game out of checking out other girls.

Look around and ask her opinion, say, "What do you think about that girl?" "Do you think she is cute?"

This not only sets up the reinforcement, but you will be able to tell right away if she is going to be comfortable with Poly Dating.

If she won't play along then she won't be okay with you sleeping with other girls.

This is a sign to cut the bait and move on.

If she is willing to play along, then you've just reinforced your Poly Dating status. And yes, it's also a ninja way of preparing for a fun threesome with her if she responds positively, which we will talk about later.

For added fun, try walking up to another girl together and say, "Hey we were just talking about how cute you are." It is infinitely easier to walk up to a girl with another girl than it is to walk up to a girl by yourself.

• **Don't be available** – This is an interesting reinforcement technique and usually comes into play after the first time you have hung out together and slept together.

When you aren't available don't say, "Hey, I'm not going to be available on Tuesday." Instead try, "Hey, I won't be available to hang out until Thursday."

If this gets her asking questions about other girls it's time to reinforce.

If she ever asks you to cancel plans with someone else to spend time with her, this is a problem. You must reinforce at this point and if the reinforcement doesn't work, run for the hills cause you've got a jealous girl on your hands... remember jealousy is one of the public enemies of Poly Dating!

Be clear that you don't cancel other plans for her and that you will be available for her the following night. Gently and subtly remind her that this is a Poly Dating relationship and that it's okay. You are still there for her, but on your own terms and schedule.

• **Don't build rapport too fast** – Slow down on your rapport building!

If you make a huge emotional connection right off the bat she'll think that you are looking for a monogamous relationship with her.

I actually suggest that you wait until after you have sex for the first time to start building rapport.

I get things very sexual very fast. My sexual confidence helps women to be comfortable around me and because I am so open it turns them on. If you want to learn more about how to do this for yourself, dive into The Tao Of Badass.

This is why it's so important to hold off on too much rapport before sex.

She might not have believed you were really polyamorous and too much rapport before sex can lead to hurt feelings, confusion or anger. The last thing you want is an angry, crying, woman with nothing to lose in your house.

Keep the emotional connection mellow, until later.

The last thing you want is an angry, crying, woman with nothing to lose in your house.

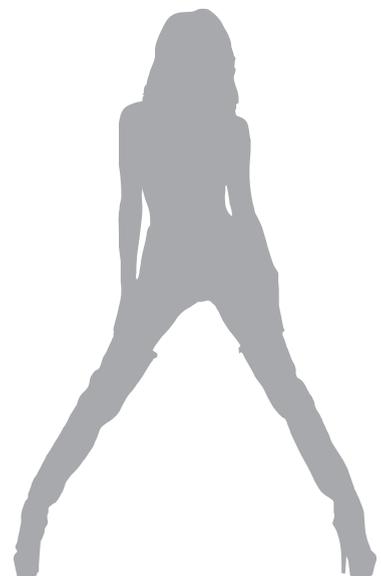
• **Fish for jealousy** – Yes, this is rather sneaky, but sometimes you gotta do what you've gotta do.

To fish for jealousy you have to drop hints about other girls to gauge her reaction.

I am NOT telling you to go out with another girl in front of her. That is not the way to go, but by fishing for jealousy, by gently reminding her that you are attracted to other women, you will get a clear picture of how cool she actually is with Poly Dating.

If she does get jealous or if she tries to make you jealous these are bad signs. Any jealousy will kill the relationship and kill Poly Dating.

These are four major techniques for reinforcement. Don't forget to use them during those two crux moments and you will be ready to move on to the next stage.



→ THE SEX

“Sex is like money; only too much is enough.”
John Updike

No doubt this is the moment you’ve been waiting for. Sex is the stage that gets everyone the most excited, obviously, because we’re talking about sex with lots of different women. This is the best part of the whole process. This is what makes all the other stages worth dealing with.

The best way to have a lot of sexual experiences, with a lot of different women, in a short amount of time, is to Poly Date. Period.

Through Poly Dating I have had a lot of crazy, intense sexual experiences with women. One thing I’ve learned is women have some very strange sexual fantasies. And when Poly Dating,

Women are going to assume that you are cool with all their wild ideas and fantasies.

This is because sexually you are more open than other men they’ve known. This can be liberating for girls, but make sure you don’t cross your own boundaries with it.

So a good question to ask yourself right now is, what are my sexual boundaries?

Let me give you an example.

One time I was having sex with one of my polyamorous girlfriends when right in the middle of it she says, “Hit me.”

I was totally taken aback and sort of stopped what I was doing.

She said it again, “Hit me.”

She literally wanted me to hit her with my fist.

I said to her, “I am not going to hit you. You’re going to have to find some other guy to hit you. I am happy to do other stuff, but I won’t hit you.”

POLY - DATING

I don't like the connection of serious violence and sex. It doesn't do it for me. We had already gotten to a place where she liked to be rough and submissive with sex. That was all fine and good, but it was as far as I was into.

When she wanted to take it further, I just said no.

Poly Dating gives women freedom to be open with sexual wants and desires. This is great for you, but you need to be clear about where you draw the line. You don't want to get into a situation where you do something that you'll regret later.

Luckily your relationships will be open and honest, so all of these things should be easy to talk about.

Women are extremely vulnerable when they are sleeping with a guy who's into Poly Dating because they have more room to open up completely. They don't have to lie or hold back. There is no stress or pressure.

Because of this you **MUST** accept them in bed. If you don't accept them it can make things really awkward and uncomfortable. They will start to talk about how you have a weird vibe or push you away. You never know what a woman will do if she opens up to you and then feels rejected.

It's important that you make things very comfortable around sexuality; where you have sex, how you have sex, the whole sexual process. You have to know how to do that.

Sex is one of the most important parts of Poly Dating and because of that there are some things that you need to be clear about when it comes to sex and Poly Dating.


The number one rule about having sex with many women is protection. You have to always, always, use a condom. This is a must with **no exceptions**.

If you are thinking that your biggest worry is pregnancy, think again. You are going to be having sex with many different women, what you need to be concerned about are diseases. You could get something and not be able to get rid of it. You could get something that could eventually kill you. This is serious.

You have to be willing to always use protection.

You have to be willing to always use protection. Go buy a giant box, like a huge industrial sized box of porn star condoms, and have them always available to you. Leave some next to your bed. Put a stash in your dresser. Leave a few in your glove box and carry one in your wallet.

You never know when you are going to have sex, so always have a condom ready for the occasion. Make sure that you change them out every few weeks. If you leave them in your car or wallet they can crack or break and that is the last thing that you need.

If you do have a condom break you **both** need to go get tested immediately.

POLY - DATING

You'll also need her to take the morning after pill; which in most places is called Plan B. This is not an exciting thing to do. Plan B is not fun for a girl. It forces her body to have a period immediately. This will screw up her system and could make her feel really sick.

The whole process could really freak her out and you need to be there for her. She is going to need more attention from you. Keep that in mind.



The second thing about sex and Poly Dating is kinkiness.

You need to be there for her.

Women who are open to Poly Dating tend to be more open to lots other sexual things too. This is an invitation for you to try out virtually anything that you have ever wanted to try in the bedroom. You've got free reign because you have so many women coming into your bed. This is going to give you the chance to experience many different kinds of sex.

Women will be willing to try things with you that they don't normally try with other guys because you are Poly Dating.

In a monogamous relationship you usually take your time and explore kink together. You slowly build your sexual relationship to include more things, but in Poly Dating there isn't a reason to wait. You can go straight to the stuff that you really want.

I have had furniture in my room that is just for having sex on. I've had ropes, whips, all kinds of fun and kinky sex stuff. I bought whatever I wanted and it was very fun.

I highly suggest that you invest in a healthy collection of sexual toys to keep at your place. This is a fun and powerful thing to have around and it gives your sexual partners more things to explore and be open to. Just be sure to keep any toys clean from one partner to the next.



The next thing that always comes up with polyamory and sex is threesomes.

A threesome is probably the number one thing that a guy wants to try sexually.

It can be fun, don't get me wrong, but it's more of an ego thing than anything else.

You don't have two cocks, so there is really nothing extra you can do there. But the ego boost can go really far. It can help you out a whole lot. It is really exciting.

If your goal is a threesome, do it carefully. If you have two girls that you want to hook up with each other and you, you'll need to introduce them in a strategic way.

Luckily, there is one tried and true method to setting up a threesome that I've never heard anybody else reveal.

Here it is, the super-secret ninja strategy to have more threesomes in your Poly Dating life.



Pick a place and time for the three of you to meet and tell them each separately that you want to meet up. Then you show up late so they have time to talk without you.

Call or send a text saying, "Oh, I am running late. I invited this other girl to hang with us. Keep her company until I get there ok?" Describe what she looks like and let them hit it off.

What happens is they will talk to each other. Naturally, they will also talk about you because it's what they have in common. They will talk about how they are both dating you and since they are Poly Dating already, they will no doubt talk about having sex with you.

They will no doubt talk about having sex with you.

They will see if you are different with one or them than the other.

By the time you show up the work will be practically done for you. I'm not kidding, it is that easy.

They will be comfortable with each other and they will be open to the idea because you are all having open relationships. All that's left is for you to do is say something like, "Hey, let's go somewhere."

That somewhere being... your place. This is my favorite way to set up a threesome because it is so easy to do.

In Poly Dating threesomes are a huge benefit. I highly suggest that you try it out.

This brings me to another topic that I am only going to mention briefly and that is the subject of foursomes or moresomes.

No doubt you are already thinking about how many women you can sleep with at one time. And trust me, it will be tempting, but I highly suggest that you curb that enthusiasm.

It only takes one time to make your life really complicated. If you get that many girls in a sexual space all at once it can feel like trying to conduct an orchestra. It's a lot of work, really.

It's not as exciting as it sounds and I would not recommend it.

But for those of you that are determined to try it out anyway...

I would suggest trying a foursome, or moresome, in a small group party type of environment.

Make it a casual thing and maybe even invite some guys over. Have enough people at the party so there's plenty of an opportunity for your guy friends to hook up. Then you can take any leftover girls and do your thing.

Parties are really big in Poly Dating, but we will talk more about that later.

This brings us to the subject of marathons. Many guys are going to want to see how many women they can sleep with in one day. This is pretty common in Poly Dating.

If you try this out treat it like it's an actual marathon.

Yes, this might sound silly, but taking the time to prepare is going to help you.

Steps for a successful marathon day:

- Drink plenty of water and make sure that you eat.
- Get plenty of sleep the night before.
- Coordinate everything perfectly so none of the girls run into each other.
- Set up all meetings as quickies, so girls aren't expecting a lot of time with you.

Remember that honesty is important in Poly Dating. You might want to just say right up front, "Hey, I'm trying to see how many girls I can hook up with today. I'd like for you to be one of them." For some of your girlfriends this might really work and since you have set up your relationships to be open, no one should mind.

Now we come to a subject that is probably not something you want to think about; cuddling and oxytocin. I know, I know.

Cuddling is a natural rapport building behavior and oxytocin is a chemical that is released by a woman's brain upon orgasm. So, what do these things have to do with each other? We'll get to that...

Oxytocin is the chemical that helps to create a bond of love between two partners. This little chemical is the reason women tend to be needier after sex and why guys aren't. You see, guys don't get the oxytocin rush, so they just want to be left alone. Ever had sex and then immediately felt anxious, a bit like you're wasting time? Women feel the opposite. They want that afterglow.

Oxytocin is the love drug.

Oxytocin is the love drug. The love chemical.

As you have sex with women you are going to give them orgasms, right? It's going to happen, even if it's never happened to you before. Once you start Poly Dating it will happen. When it happens you will see that boost of oxytocin.

At that point she is going to feel the need to connect with you in a lot of ways.

Let me tell you this right now, it's totally okay to connect with her. You are allowed to, but you want to connect with her like you would with a friend and not like you would as a boyfriend.

This is a very important distinction.

A friend is someone who you can talk to and will listen to you. So doing a little friendly rap-

port building at this time is okay, but keep it light.

If she wants to cuddle, fine, great, you can totally cuddle. Let her lay on you, it's all fine. She can tell you about her problems, she can ask your advice, she can share what is going on in her life, but once she starts trying to talk about her future with you, cut it off.

If she starts to say things like, "What are we going to do next week?" you have to curb that.

If she wants to make future plans, remember this is a time for reinforcement. Tell her you'll check your calendar and get back to her. You have to pull back a little bit. Don't shut her down, but make it clear that this relationship is not shifting into monogamy.

[REDACTED]
Booty calls are a reality of the Poly Dating world.

There are plenty of girls that will be happy to just be your booty call. They don't really care. In fact, **They are happy to have sex with you, no strings attached.**

These are the superficial love girls that we talked about before. It's a good idea to take time determining if a girl is a superficial love girl or a hopeless romantic love girl.

You cannot treat a hopeless romantic girl like a booty call. It will not work. A hopeless romantic love girl is going to need some time to set up and talk. She is going to need you to connect with her. You are going to have to spend time hanging out.

She needs a lot more maintenance.

So have all the booty calls you want, just make sure you don't piss anyone off in the process.

[REDACTED]
The last thing we need to talk about in The Sex part of Poly Dating is the next day (cue dramatic music).

The next day is crucial to the process, it's important and it's also a place where a lot of guys make mistakes.

It's easy to feel awkward or try to go into relationship mode the day after having sex. Some guys have sex one night and then the next morning they're like, "Hey, let's—it was – uh, it was really great to see you and it was really good to hang out with you. I'll talk to you later on and I'll call you."

That's just awkward crap.

If you sleep with a girl, you sure as hell better be willing to have breakfast with her somewhere the next day. You better be willing to hang out with her and maybe invite other people to come hang out too. This is not relation-



POLY - DATING

**Poly Dating
is always a
social scene.**

ship quality time, there's no such thing in Poly Dating.

Poly Dating is always a social scene. You have to be comfortable waking up and realizing that you just slept with a girl that you're not going to marry and she knows this and you know that she knows it.

A good way to keep things light is to avoid going into a rapport mode; which is something that you will feel like you are supposed to do. Instead start some playful banter. Let the energy be fun, be silly, and then go into normal friendly conversation, maybe some light rapport and wide rapport, but don't go into deep rapport the morning after.

It's also not a good idea to try and get her to make any plans with you.

Don't ask her to make any type of commitment or force her into picking something to do. Instead let it just happen and let her know that you're going to get a hold of her later.

Don't just kick her out of your house either. If you can, let her stay. Let her hang out or go somewhere. If she needs a ride, give her one.

→ THE SEARCH

*“Sex relieves tension
- love causes it.”
Woody Allen*

The search is the part of Poly Dating that almost every polyamorous guy screws up.

What I mean, is that once he has sex with a girl, one time, he just stops there. He doesn't keep going.

Let me explain it this way. You tell someone that you practice Poly Dating and they ask you, “Oh how many girlfriends do you have?”

If you say “one”, that doesn't seem very polyamorous does it?

Many guys never get past this. They fall into this pattern where they feel like they're in a monogamous relationship with one girl, but they are free to have sex with others. This is an open relationship, not Poly Dating.

The tendency to fall into monogamy can sneak up on you and, as a man, it's important that you fight it. You need to continue to search for more women as you enter into Poly Dating relationships. Yes, you have to actually continue to search for other women while you're in one, two, three, four, or ten Poly Dating relationships.

You cannot stop looking. You have to keep going.

One of the easiest ways to keep looking is with the help of your girlfriends. Look at the people in your girlfriend's lives as potential partners. This works really well if they think their friend needs to get laid or their friend can't find a good guy.

This is really cool and easy.

Parties

Another great way to continue the search is by throwing a party. This is something that I do all of the time. I have get togethers with a lot of different people.



POLY - DATING

Included in these parties are every single one of my girlfriends and a bunch of girls that I would like to be my girlfriends.

You should also invite plenty of dudes along. Your friends will be shocked by how many single women you know who are willing to have sex with them.

At these parties, I always knew I was going to go home with at least one girl and it didn't really matter which one it was.

When you throw a party like this, you have to invite all of your girlfriends. Don't pick one out that you want to sleep with. You can sleep with several if you want to, but you need to leave the door open in case you get the chance to hook up with someone new.

Guys and girls are going to bring new women to these parties; you are the host, so you are going to get introduced to every single one of them. You have all the value because you're Poly Dating and they'll want to be a part of that.

It's important that you are the center of that social circle.

The interaction of throwing parties should be, 'your thing'. The first time I threw a party only three people showed up. The second time, ten people came. The third time, there were fifteen people. By the fourth or fifth time there were well over fifty people.

People kept coming back and bringing new guests with them. Keep that in mind. You may not have a whole lot of people take you up on your first party offer.

If people don't show then move your party to a bar and make the most of your night.

Sharing

Sharing girls with your friends can help you with the search.

No doubt your friends will be thankful if you share your girls with them. I bet you are thinking of one friend right now who could use a girl being handed to him. These girls obviously have a choice, but you can make it a lot easier for your friend to hook up with girls and not really get involved if they don't want to.

Now, if you have a friend and a girlfriend hit it off and they want to get into a monogamous relationship with each other, you have to be comfortable letting her go and be happy for them.

Just take your sights off of her, she becomes off limits if this happens. You can't sleep with her anymore.

As you start sharing your girls with your friends you will notice that all of a sudden you have a lot more friends. Guys will be hanging out with you a lot. I get guys showing up at my parties that I don't even know. They always come with a bottle of liquor or whatever.

This can totally change your life and get rid of any social anxiety that you may have experienced in the past.

Bars and Random Pickups

The next thing that I suggest for the search is going to bars to meet women.

I never really brought girlfriends along with me to go hunting in the bar scene, but if you can, go for it. I highly suggest sticking to the principles in the Tao of Badass if you are going to take home girls from a bar.

Watch the negative body language, the banter lines, passing your tests, congruence, doing what you need to get women attracted to you.

The funny thing about the bar scene is that it changes once you're Poly Dating. Bars go from being places where you are looking to hook up, to being places where can just go for a drink and a good time.

You'll notice that you don't really go to bars to meet chicks anymore because you've got plenty of chicks already.

Of course, there will be chicks there and we've already established that you like women, so you know you'll have fun, no matter what.

There is also the café scene. You know, actually going out during the day to meet women.

I usually use these encounters as an introduction and then invite them somewhere later that evening. It is important to have a sort of constant party going on around you. If something is happening every Friday night you can meet someone during the day and invite them for that night.

If you're at a café or something during the daytime don't drop the Poly Dating bomb until later.

Women are way more curious than men and they need more time to think about things. If you tell them about Poly Dating during the day, they might hear you, but they won't feel like they need to make a decision about you, they will have all day to think of reasons of objections and you won't be there to overcome them.

If you meet someone during the day keep it casual. Tell them there will be a lot of people at the party you are inviting them to. Let them know you are polyamorous, but don't make a big deal about it. Keep it on friendship level.

The Core Three

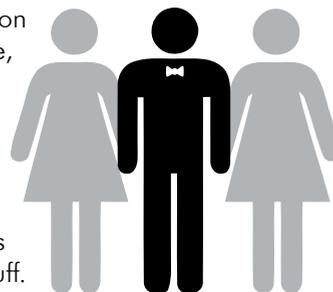
There is one more thing that you need to know before we get into The Waterfall.

This is about the core three.

The core three are the three main girls that you're Poly Dating. You might have more than three or less than three, but for me, three core girls always existed.

These three girls are the ones that you have a closer connection to. And because of that you will have to give them more time, attention, and focus.

You might have more sex with these three. You might have to help them with their problems more than other girls you're Poly Dating. If they're crying you'll be the one to help them out. These are the girls that will come to you with problems and you need to be their coach to help them through hard stuff.



These three core girls are going to be important to you. They will stay a part of your life for a long time to come even when other girls come in and out of the picture.

Just be careful to not make it obvious that you have a core three. You don't want other girls to know that and you really don't want them to know if they are in the core. Don't say, "Oh, you're my favorite" or "You're in my core three."

Never say that to them.

You should know who your core three are, but you don't want them to know that. Don't even tell your friends about your core three. The news may get back to other girls and it will complicate your otherwise perfect world.

So you have the core three and then as many girls as you want on the outside ring. But remember that no matter how many girls you have, you should always keep looking for the girl that is the perfect one for you.

There might be one woman out there that you would give up all these other girls for. Approach the hottest women you see because you have nothing to lose.

Approach the hottest women you see because you have nothing to lose.

Confidence

An amazing side effect of this whole process is a visible increase in your confidence. Right now if I asked you to go to a bar and pick up three girls and have sex with them in the next week it might be a daunting task. Even the thought of it might freak you out.

It would be a lot of pressure.

But there is a level of confidence that comes from Poly Dating and having lots of girlfriends. It helps you to not give a flying fig anymore. And that actually makes you more successful with women.

In the search phase if you aren't using all the confidence that you've gotten from all of the women that are currently attracted to you, you are wasting it! You're absolutely wasting it.

When you are Poly Dating you'll notice that just your confidence alone is going to attract women right to you. Like moths to a flame. Your confidence is going to draw them into you,

→ THE WATERFALL

"I talk so much about sex that girls just want to meet me."
Joe Rogan

The sixth and final stage is The Waterfall. This is where the magic starts to happen.

Think of The Waterfall as the king's landing of Poly Dating.

It's the crown.

The Waterfall happens whenever you really own it and it's working for you and it's doing what it's supposed to be doing.

Let me tell you a story.

My First Waterfall

"But the point of using the number was to show that sex was a great part of my life as basketball was a great part of my life. That's the reason why I was single."
Wilt Chamberlain

When I first hit this stride in my very first waterfall, I strategically infiltrated a group of people. This was like a test for me. This group of people were all friends with each other socially and I got into it. I sort of won everybody over and then I started dating a lot of girls within that social group.

I went through the first five steps in the process perfectly with those girls and that is how I discovered The Waterfall.

Since I was Poly Dating, I had a lot of girls that were curious about me and polyamory.

One night I was sitting at a party in this group. One of my girlfriends comes up to me holding another chick by the shoulders and says, "Hey, I want to introduce you to Becky. I think you guys would really get along."



POLY - DATING

She then walked off leaving Becky with me. I could tell that Becky was really nervous. I started talking to her and I ended up dating her. I folded her in to my harem of women.

During The Waterfall women will be brought to you as gifts!

The same week I was in a car with two girls I was dating and one of their friends that I wasn't dating. The girl that I wasn't dating says, "So, are you going to sleep with all of my friends?"

Now, normally I would've thought of this as an attack. But since I was Poly Dating I knew better. I said, "Well, maybe. I don't know. If I want to and they want to, sure I'll hook up with them all."

She paused for a moment and then said, "When are you going to sleep with me?"

Let me just pause here and say that I haven't told this story to many guys because it sounds impossible to someone who doesn't first know the secrets of Poly Dating like you do. No one would believe that conversation... That this girl was actually asking me to sleep with her.

This is what happens at The Waterfall stage. It's sort of like a super human existence.

The down side is, if you can't handle it, you'll lose all the girls that you're with. You have to be willing to get comfortable with all these new girls coming into your life.

Sounds like a champagne problem, but not everyone can handle it. And if you can't, by the time you get to The Waterfall everything will fall apart and you will have to start from scratch.

Think about it like this. The Waterfall stage is a lot like random women coming up to you needing your cock.

I'm not kidding.

There will be women from all sorts of social circles that really want you. They need to have sex with you. It will be therapeutic for them. You have to be comfortable with that.

You have to learn to be okay with accepting all of these types of women and being able to manage it all.



Introduce these girls to other guys you meet and to other girls you meet.

Part of The Waterfall is creating a social circle for all of these girls in your life.

Any new girl that comes along should get introduced to everybody. Introduce these girls to other guys you meet and to other girls you meet. Introduce two people that you just met to each other. You need to become a social ambassador and you want to invite all these people to something, some reason to hang out.

Anytime you meet someone you think is cool, invite them to some gathering that you are planning. Make sure you tell them there will be a bunch of girls there.

Make yourself the hub of any social group.

What will happen is the group will take on a life of its own and it will start to suck other people in. Friends of your friends will start to join your social circle and you will be the center of everything. You will be the king, the host, the person in control.

This will help you to keep feeding the group with new girls, but you have to do some of the feeding yourself.

It won't be hard bringing in new girls, but it will be a constant task.

By this stage in The Waterfall you're also going to have lots of girlfriends that you actually never end sleeping with.

I often have seven girlfriends that I'm having sex with and maybe ten others that are everything but sex. I don't have sex with them because it just hasn't happened for whatever reason. It hasn't lined up yet and I'm not trying to make it happen.

When you get to The Waterfall you don't have to worry about maintaining everything and attracting new girls. Instead you have to put your focus on feeding the group with new women so that when the relationships with them blossom you will be there and ready to hook up.

Being in the center will be your only real position. It's amazing.

With all of these girls in your life you need to make sure that you invite the right girl to the right event. When you reach this stage you'll have a wide range of different girls that you're hooking up with. You'll notice that certain girls lend themselves to certain events.

You don't want to bring a party girl to a fancy restaurant. You don't want to bring a quiet, sit at home, type of girl to a red carpet event where she will have to talk to lots of new people.

Because you have so many different girls you can find one that best fits each situation.

Don't put a girl outside of her environment. The reason for this is simple.

If you try to force a girl outside of her environment she is going to latch on to you. She is going to want your support and feel like you are her only ally in that space. This introduces her to new pieces of your life and that could lead her to thinking you are in a monogamous relationship.

This sets up confusing messages and puts you in a place where you have to do more reinforcement. It is easier for everyone if you keep people in their comfort zones.

One final word about The Waterfall is a bit of a warning.



POLY - DATING

Be careful about sleeping your way through the family tree.

What I mean is be careful if you are sleeping with girls who are sisters or otherwise relate. I don't recommend doing this. Sisters are very protective of each other and tend to make things more complicated than they need to be.

On the other hand if you do find a couple of girls that are comfortable hooking up with you individually and they're sisters or cousins or whatever, discretion is very important. Never bring up the other girl. If you do things can get weird and awkward, fast.

Even with family, honesty rules don't change. They still need to know that you are sleeping with both of them. You need to be open and honest, but you don't want to flaunt it or talk about details with the other one.

Don't say something like, "Oh, that was a lot like your sister." or "You did that a lot like your sister does." or "Your sister does this thing that I think that you might like."

Never compare them. And know that the tendency to compare those two girls is going to be really strong.

So that is the 6 step process for getting to The Waterfall and Poly Dating. If you follow it to the letter, then it will work for you. If you deviate from the path, it won't.

Most of it is your mindset and the setup, after that it's mostly maintenance and knowing how to take it to the next level.

→ CONCLUSION

"In much the same way the lottery is a tax on people who don't understand statistics, 'The One' is an emotional tax on the same."
Unknown

There are a lot of guys that will attempt this process called Poly Dating, but some will not pull it off. If you want to be one of the success stories you have to follow the process step by step. Do everything that I say and it will work.

Even if you've never had a girlfriend in your entire life, you can get seven or eight of them at one time.

I suggest that **Every man go through this process at least once in his life** so he knows what he's missing when he does decide to be monogamous.

Always remember that when you are choosing a girl you are choosing her from a place of abundance. You have lots of women to choose from. Poly Dating is so powerful because it saves you time, it allows you to be completely honest, it allows you to have full integrity, and it's super fun.

Remember that there are five major public enemies that will destroy Poly Dating.

You need to get rid of these public enemies. They are: jealousy, other boyfriends, fear, lying, and apathy. If any of these five exist at all, then you are not in a polyamorous relationship.

Don't forget about the Triangular Theory of Love.

Look at any girl that you are interested in and see if she's got two out of the three points on the attraction triangle - emotional, logical, or sexual attraction. If she has the ability, or the opportunity, to hold all three points; meaning that she is super hot, her life goals are the same as yours (and she lives in the same location), but you haven't built rapport with her yet, be careful because this could be a girl that you want to be monogamous with.

Use the **Triangular Theory of Love** to figure out what kind of relationship you are dealing with. You can also learn more about the consummate love triangle and how to use it effectively in every single relationship in the Tao of Badass.

Again, the **four major rules of Poly Dating** that you never want to break are:

- 1. Never make her feel second best to any other girl, ever.**
- 2. Don't future project.**
- 3. Cut her off if she's jealous more than once, period.**
- 4. Always meet her needs and do your public service.**

As long as you're following these rules, you will have a wonderful Poly Dating life.

Getting to The Waterfall will be one of the most amazing experiences you've ever had

and you'll be very happy that you did it.

The 6 step process of Poly Dating is:

The Setup - Where you go through the process of setting up the whole show, this means; explaining that poly means many, amory means love. Follow the script that lets her know you practice Poly Dating in a way that's not abrasive.

The Objections - In this step you use the list of responses to help you overcome any objections that you might get from women. It's the only section of Poly Dating where you may need to pay close attention so you know how to respond to any objection that comes your way.

The Reinforcement - This is where you reinforce your Poly Dating status with a girl, especially in those two major crux moments. You need to let her know that you really are Poly Dating and you weren't joking.

The Sex - The sex step is the most vulnerable state for women. You really have to take your time with it. Use a lot of protection, meaning practice safer sex. Get into and tap into your kinkiness and all of her kinkiness. Try out threesomes. Try out a foursome, if you want to. Run a few marathons. And be aware of the cuddling, the oxytocin problem that can cause instant love for women if you don't watch out. Know which women are booty calls and which women are not booty calls.

The Search - This is the point where you keep going. Just because you have one or two girlfriends that are open to Poly Dating doesn't mean you have to stop. Keep bringing girls into your circle. Become the center of the social scene.

The Waterfall - Now your hard work pays off. You are in many social circles that feed new girls into your life. Instead of trying to get girls to sleep with you, all you're doing is feeding them into a social circle and they sort of incubate in there and sleep with you afterwards. You want to choose different girls for different events that you're going to. If you end up sleeping with girls that are related, make sure to use some discretion.

This whole process sets you up as a man. It frees you.

POLY - DATING

Do it once and you'll never have to worry about whether or not you can do it again. That's what's really powerful. You'll know that even if you are single, even if you have no girlfriends whatsoever, that in the matter of a month, you can walk into a room and there will be four of your girlfriends sitting there.

You can do that out of thin air.

You can move to a new place, move to a new city, no problem. Just start doing this process in the new city and you'll have this set up within a matter of weeks. You'll have several girlfriends dating you, hooking up with you, sleeping with you, sleeping with each other and you, and you'll have a very fulfilled sex life and a very fulfilled relationship life as well.

Use this powerful new knowledge responsibly!

Stay ninja,

Joshua Pellicer

